



Special Appointment Day Instructions for our Abortion Care Patients

BEFORE YOUR APPOINTMENT:

- NO aspirin products for 48 hours before your appointment.
- Anesthesia patients will have additional instructions, determined individually when you call to make your appointment.

ON THE DAY OF YOUR ABORTION APPOINTMENT:

- Take a warm bath or shower.
- Wear a sanitary pad in your underwear (no thongs).
- Bring an extra sanitary pad (not mini panty liners)
- Do not eat or drink anything after midnight the evening before your appointment unless otherwise instructed.
- Expect to be at the Center for four (4) hours.
- In order to receive sedating medication, you must have someone drive you home.
- Bring only 1 guest, please. Our waiting room is not set up for the needs of children.
- Alert us to any medication you are taking or any medical conditions you have, for your safety.
- Bring ID, please. The state requires us to check valid identification.
- Comply with the state 24-Hour Waiting Period law. Make sure that you have received the written and verbal State Mandated Information (SMI) at least 24 hours prior to your surgery. If you are getting this information off the internet, YOU MUST PRINT OUT THE CONFIRMATION PAGE AND BRING IT TO US ON THE DAY OF YOUR APPOINTMENT. You can obtain this information from our website: <http://www.northlandcenters.com/nfpc/state-mandated-information.html>
- Bring your insurance card. We accept most insurance plans, but we need to verify your coverage BEFORE you come in for your appointment. Remember to bring your insurance card.
- Payment is expected in full at the time of your appointment. If you need financial assistance, let us know so we can be prepared for you when you arrive. We accept check, cash, Visa or MasterCard. We accept most insurance plans, but we need to verify your coverage BEFORE you come in for your appointment.

**We are holding a place for you.
If for any reason you cannot keep your appointment, please call us.
If you are not coming, let us offer the place to someone else.
Thank you!**

1-800-447-7354

www.northlandcenters.com

Appointment Date: _____ Time: _____

Northland Center - Southfield
24450 Evergreen Rd., Suite 220
Southfield, MI 48075
1-248-559-0590

Northland Center - West
35000 Ford Rd., Suite 3
Westland, MI 48185
1-734-721-4700

Northland Center - East
3810 17 Mile Rd., Suite 1
Sterling Heights, Michigan 48310
1-586-268-1700